***Monroe Journeys* - Consciousness in the physical and nonphysical realms - February 2020**

MONROE INSTITUTE

2020: What's Your Perfect Vision?

by Scott Taylor, EdD, President & Executive Director

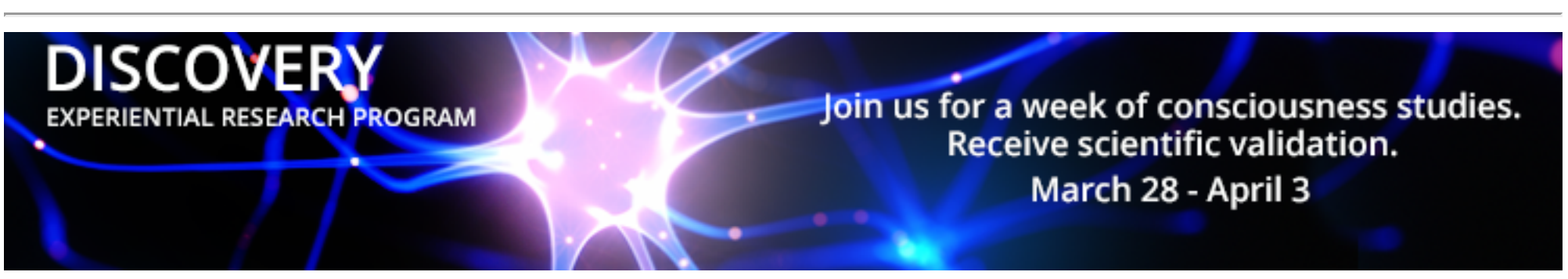
What I've come to discover after 34 years as a program trainer and almost one year as Monroe's executive director is that we as human beings exist in both the physical and nonphysical realms, at all levels and all dimensions, all the time. ... I love Bob's invective to "go out and explore and tell us what you find." The bigger you get, the more you have to offer.

Read More

Focus 21: Expanding to the Edges of the Physical Universe

by Harriet H. Carter, JD

In Focus 21 we were asked to expand our consciousness to the edge of the physical universe and beyond. I found myself holding the entire physical universe in my hand! That image, and the associated expansion of consciousness, didn't bother me as much as an intense feeling that the entire universe was now within my body. **Read More.**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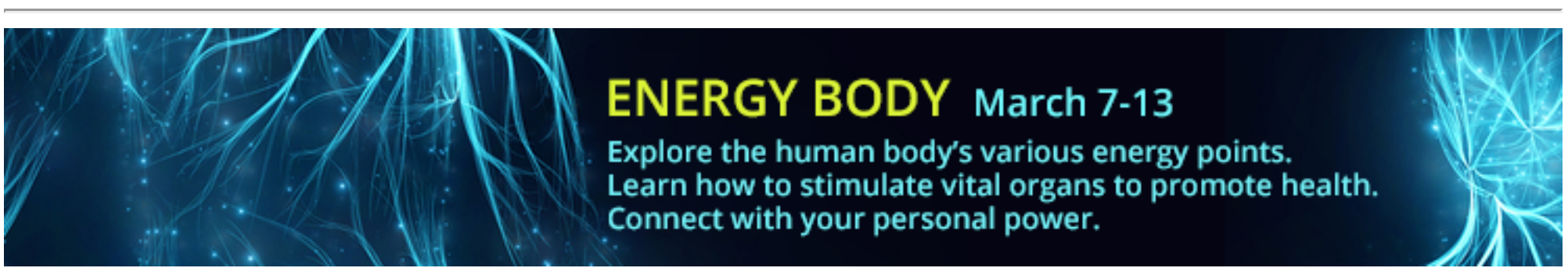
Research at Monroe in 2020: The Copper Wall Study

by Ross Dunseath, PhD, Monroe Research Coordinator

When a couple of healers demonstrated DC voltages of 50 and 70 volts on demand, combined with physical healing effects and random number generators (RNGs) going off-random, we started paying more attention to this most basic measurement. **Read More.**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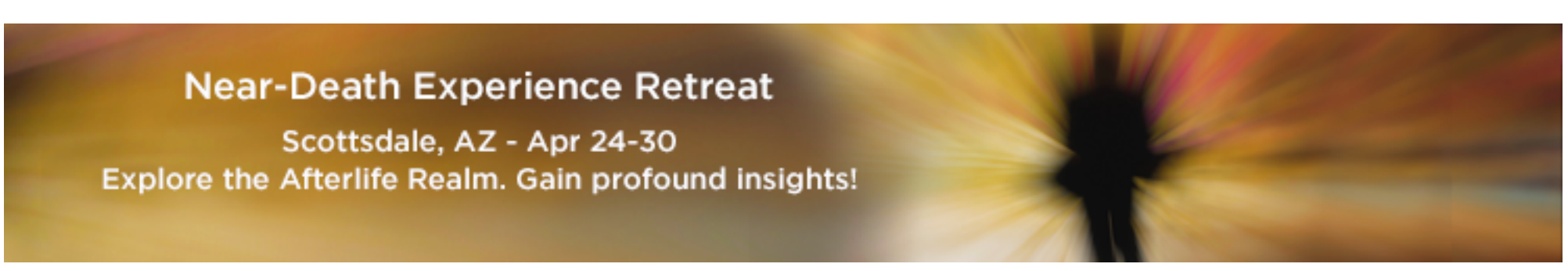

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